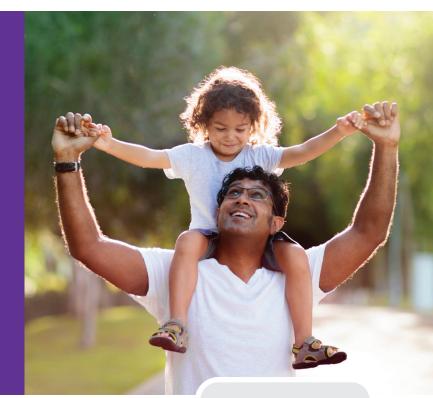# Mercy Care Health Assistant

from Mercy Care

With Mercy Care, taking care of your health has never been more rewarding. Members can earn rewards for making healthy choices through Mercy Care Health Assistant. It is all part of **our pledge to help you improve your health and well-being.**

How Does It Work?

First, you need to sign up for Mercy Care Health Assistant.

All you have to do is:

- Visit **mercycar.es/healthasst** and select **Register Now**.

- You will need your member ID card, date of birth, and email address to set up your account.

- You can also call **1-866-257-5544** (TTY: **711**) to sign up over the phone. You can reach us from 7 a.m. - 7:30 p.m. AZ local time, Monday – Friday, excluding holidays.

Ready for rewards?
Scan this code with your phone to sign up!

Earn gift cards from your favorite brands for making healthy choices.

Supporting Your Healthy Choices

Mercy Care Health Assistant also offers helpful tools for managing your health in your daily life. You can access these resources through your computer, tablet, or phone.

To-Do List: List of personalized activities for you to complete to improve your health while earning rewards.

Rewards Redemption: Pick gift cards right in the app and have them sent directly to you via email or physical mail.

Health Education: Extensive library of articles, videos, decision tools, and more to guide you on your journey to better health.

Tracking Progress: Connect your fitness tracker, wearables, and other supported devices.

Your Health Information: View your prescription record, select your preferred language, set your communication preferences, and more.

You must register to join. Visit **mercycar.es/healthasst** to register and see what health actions earn rewards.

Total rewards and health actions are based on eligibility for certain health actions, which will vary by person. Members may not qualify for all health actions. One reward per health action per year. Dates of service must be in the current plan year.

Rewards will be given when you self-report that the health action has been completed. Health actions that earn rewards are subject to change.

If you have other questions, call Mercy Care Health Assistant customer service at **1-866-257-5544** (TTY: **711**). You can reach us from 7 a.m. - 7:30 p.m. AZ local time, Monday – Friday, excluding holidays.

Healthmine Services, Inc. is a private company that contracts with Mercy Care to provide member rewards programs.

This is general health information and should not replace the advice or care you get from your provider. Always ask your provider about your own health care needs.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card or **1-800-385-4104** (TTY/TDD: **711**).