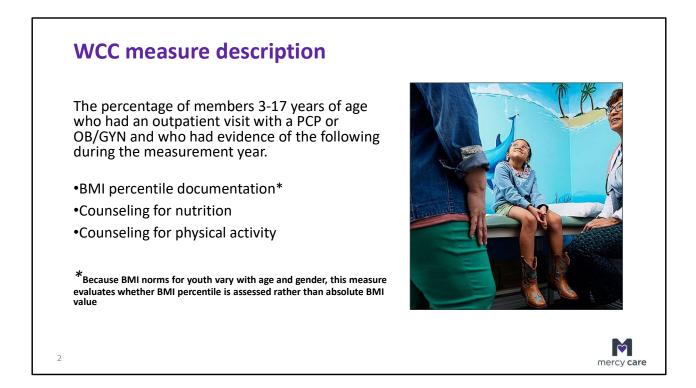
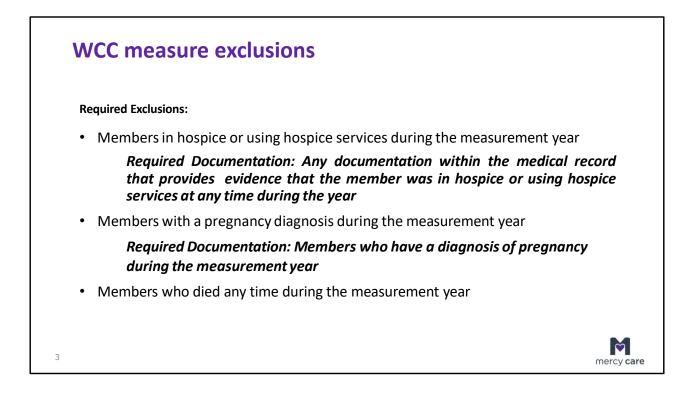


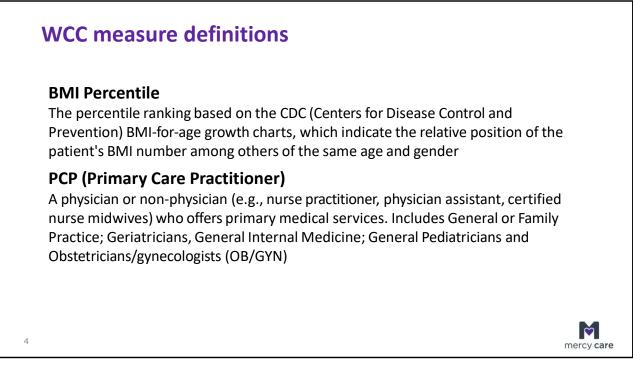


Weight Assessment & Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

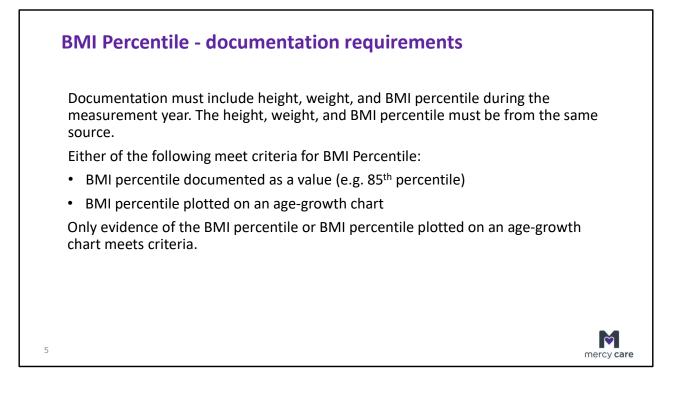


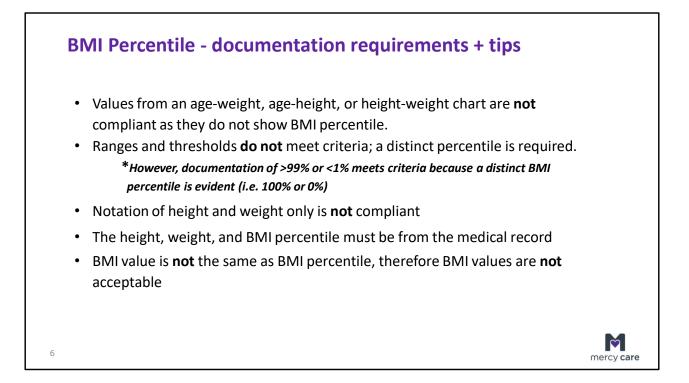
Why WCC is an important measure: Over the last three decades, childhood obesity has more than doubled in children and tripled in adolescents. Nearly 1 in 5 children and teens 2 to 19 years of age have obesity. It is the leading health concern among parents in the United States, surpassing drug abuse and smoking.

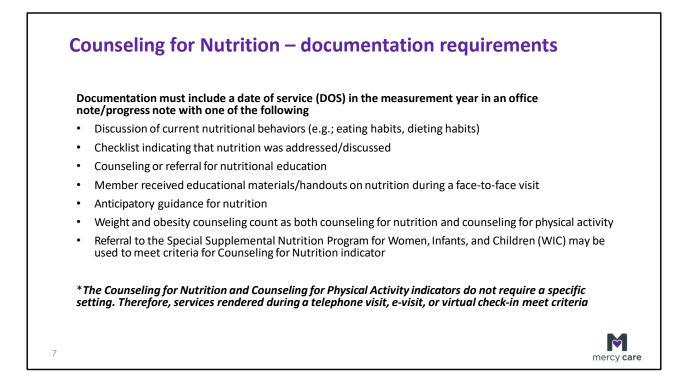




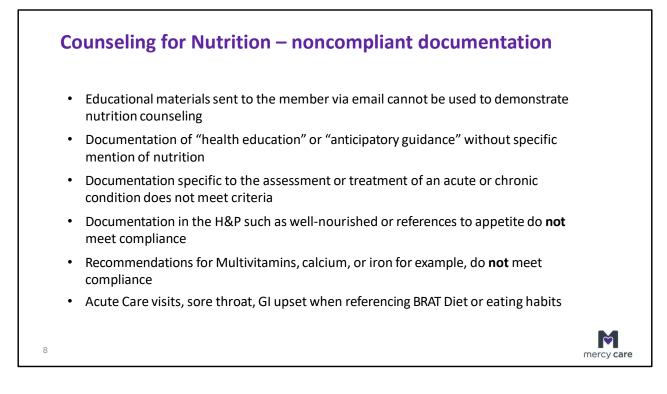
These are the HEDIS definitions of BMI Percentile and PCP (Primary Care Practitioner) for the purposes of this HEDIS measure.







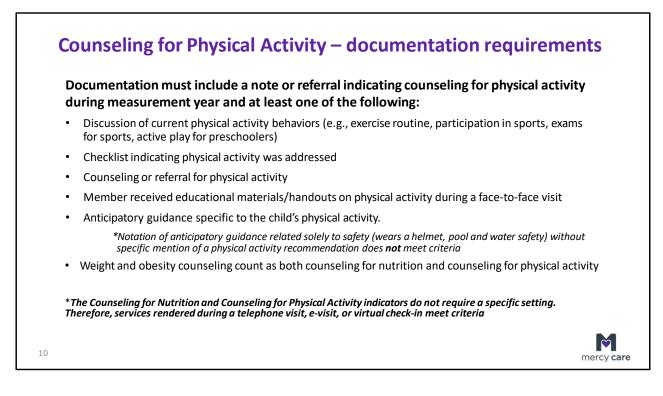
These are the documentation requirements for Counseling for Nutrition, when notating "anticipatory guidance", ensure " nutrition" is specified as a topic of guidance.



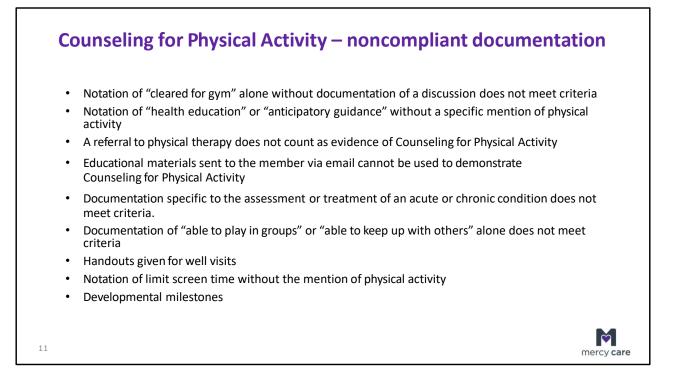
Recommendations for Multivitamins, calcium, or iron for example, do not meet compliance unless accompanied by documentation that specifies nutrition was discussed.

Acceptable:	Unacceptable:
Likes Vegetables Consumes a diet typical for age No issues in diet Feeding adequate Picky eater Good eater	History and physical (HPI) build and nutrition- "well nourished" Handouts given for well child if unclear that nutrition was discussed Notation that a member with diarrhea is following the brat diet Recommended multivitamins with Vitamin,
Three meals per day OR B/L/D Good diet, balanced diet	calcium, and iron Notation of intake/diet when child is being seen for an acute issue or sick visit- sore throat, GI visit Decreased appetite overall - documentation related to "appetite."

Examples of Acceptable and Unacceptable Counseling for Nutrition documentation



Counseling for Physical Activity-Documentation must include a note or referral indicating counseling for physical activity during measurement year and at least one of the listed criteria



Counseling for Physical Activity – acceptable documentation examples

Acceptable for all ages:

- Plays with brother and sister
- Joins extracurricular physical activities 60 minutes a day
- Pt. has restrictions, unable to participate in gym/sports
- Child is active more than 60 minutes a day
- Positive decrease physical activity
- Gets regular exercise
- No activity or exercise concerns
- Plays actively with friends
- List of current activities: football, cheerleading, swim team, soccer, etc.
- Completion of sports exam/physical exam for sports

Acceptable for children ages 3-4

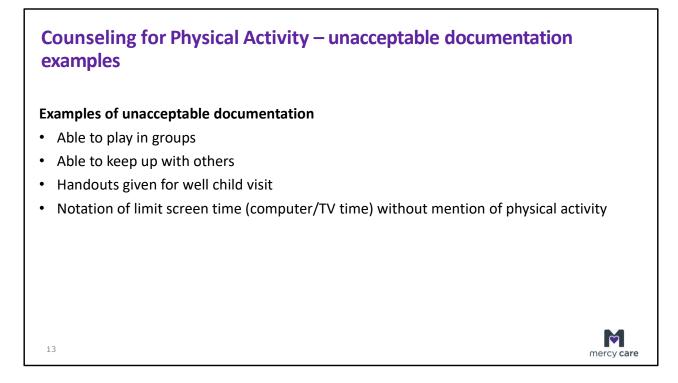
Notation of playing outside

Active child

Notations related to activities the child participates in: (e.g., tumbling, dancing, etc.)

Physical activity with other children

Actively playing with other children



Please take note of the acceptable documentation criteria for counseling of physical activity for children ages 3-4.

